



Coaches of Excellence Parent Pledge & Medical Information Disclosure As modified for the South Jeffco Grizzlies



Please read, initial each item, sign and return to our Grizzlies team manager at our Team Meeting on August 12 --

1. I PLEDGE TO GET MY CHILD TO PRACTICE AND GAMES ON TIME. I understand that it can be embarrassing for my child to be late and that I may be putting him/her at risk by not providing adequate time for warm up. I will be on time to pick up my child from all games and practices. This shows respect for the team, coaches, and it tells my child that he or she is my top priority. I also understand that I can call, text or email my head coach or any assistant coach ahead of time to request assistance with transportation, and I can both be available to help other parents in need of transportation, and I know I can call upon them to help me too. While each and every practice is mandatory, I pledge to call, text or email my head coach or any assistant coach if my child will be unable to attend any practice, and I will then sign the JMFA "Minimum Play Waiver" for that week's game.

Initials _____

2. I PLEDGE TO USE POSITIVE ENCOURAGEMENT TO BUILD MY CHILD'S SELF-CONFIDENCE because athletes do their best when their "self-confidence" is high. I understand that fewer than 1% of youth sports participants receive college scholarships and that the top three reasons kids play sports are 1) to have fun, 2) to make new friends, and 3) to learn new skills. I understand that the game is for the players, and I will keep sports in the proper perspective. This does not mean we will not enjoy, encourage or expect winning or success, as our team philosophy is that any lessons we teach our boys which can benefit them off the field are only reinforced by a successful football program on the field.

Initials _____

3. I PLEDGE TO REINFORCE THE "T.E.A.M." CONCEPT WITH MY CHILD (T for Treat others with respect, E for Effort, A for maintain a positive Attitude, M for learn from Mistakes). Winners are people who make maximum effort, continue to learn and improve, and do not let mistakes, or fear of making mistakes, stop them. I understand that mistakes are an inevitable part of any game and that people learn from their mistakes. I understand that children are born with different abilities and that the true measure is not how my child compares to others, but how he/she is doing in comparison to his/her best self.

Initials _____

4. I PLEDGE TO "RESPECT THE GAME." I understand the importance of setting a good example for my child. No matter what others may do, I will show respect for all involved in the game including coaches, players, opponents, opposing fans, and officials. I understand that officials make mistakes. If the official makes a "bad" call against my team, I will Respect the Game and be silent!

Initials _____

5. I PLEDGE TO REFRAIN FROM YELLING OUT INSTRUCTIONS TO MY CHILD. I understand that this is the coaches' job. I understand that games are chaotic times for children trying to deal with fast-paced action and respond to opponents, teammates, and coaches. I will limit my comments during the game to encouraging my child and other players for both teams.

Initials _____

6. I PLEDGE TO REFRAIN FROM MAKING NEGATIVE COMMENTS ABOUT OUR COACHES in my child's presence. I understand that this plants a negative seed in my child's head that can negatively influence my child's motivation and overall experience. I acknowledge that the "Car Ride Home" conversation with my child after both practices and games can and does influence his attitude and approach the next week, both on the field and with regard to his coach and teammate interaction. As such, I will make a specific effort to make our "Car Ride Home" conversation upbeat, positive, and encouraging.

Initials _____

7. I PLEDGE TO REFRAIN FROM MAKING NEGATIVE COMMENTS ABOUT THE TEAM OR COACHES to any other parents. If I have a problem or an issue with the way the team is run, I will go directly to the head coach or team manager, and not talk about my problems or issues with other parents.

Initials _____

8. I PLEDGE TO NOT QUESTION OR COMPLAIN OF MY CHILD'S POSITION ON THE FIELD, NOR HIS ROLE ON THE TEAM to any other parents, or to the coaches, except that I may request a player evaluation/assessment of my son from the head coach, whose decision on all matters is final, and except that if my son fails to play the minimum number of plays in any game. I recognize and agree that is 100% the sole,

absolute, and complete discretion of the coaches what position my son plays, where he fits in on the depth chart, what his role is/is not on offense, defense, or special teams. (I also recognize that each of our games is video taped and coaches, players and parents all have access to this tape, complete with all sideline audio of all parents and other spectators, so I will be nothing but smart and encouraging.)

Initials _____

9. I PLEDGE TO REVIEW THE "PARENT INFORMATION" AVAILABLE TO ME ON THE SOUTH JEFFCO FOOTBALL WEBSITE, so I am an informed parent to my child, knowledgeable about things such as how the minimum play rules work, any special rules of play (such as, the old "A" Gap Rule), how the draft works, what my rights are as a parent if I am not happy, what issues are within the control of SJSA and which ones are decided only by JMFA, etc. I can find this information at www.southjefffootball.org and by clicking on INFORMATION, then PARENT RESOURCES.

Initials _____

I will honor the Coaches of Excellence Parent Pledge in my words and actions. I understand and agree that if I violate this Parent Pledge, our coach or team manager may remove me from the practice or game field, and I may be subject to a South Jeffco Sports Association Sports Review Board hearing which may result in suspension or other sanction. If I am asked to leave a facility due to my conduct, I agree to do so quietly and without objection or incident.

Parent's Signature: _____

Print Child's Name _____

PLAYER MEDICAL / OTHER INFORMATION FOR MY COACH(ES) TO KNOW

Please share any medical or other information regarding your son which the Grizzly head coach or all coaches should be made aware of.

Does your child have any medical conditions we need to be aware of? YES NO
(If YES, please describe, along with any instructions for us.)

Has your child every been diagnosed as having a concussion? YES NO
(If YES, when? And how much time did he miss?)

OTHER: